



South Lanarkshire

Adult Protection

Committee

Independent Advocacy and Adult Support and Protection



Easy Read Information

Adult Support and Protection



If someone is worried about your safety, it could start something called an Adult Support and Protection (ASP) process.



Adult Support and Protection (ASP) is a law which tries to stop people from being harmed.



Social workers will speak to you and others to check if you feel unsafe or need some support to keep you safe.





The other people the social workers may speak to could be family, friends, carers or support workers.



You can have support during the Adult Support and Protection process from Independent Advocacy.



Independent advocacy is separate from organisations that provide other types of support like Social Work or the Health Service.



An Independent advocate can



- help you to speak up for yourself



- sometimes speak up for you if you find it hard to do it by yourself



- make sure you know what your rights are



- help you to get information



- help you to understand your choices and any decisions made due to this process



An independent advocate can do this by



- explaining what adult support and protection means for you



- helping you to understand why people are worried about you



- going over what might be discussed at meetings



- going with you to your meetings



- supporting you to have your say in meetings



- helping you to think about how any decisions might affect you



If you need support with ASP



The Advocacy Project

supports older people
and people with mental
health issues



Phone The Advocacy Project on:

0141 420 0161



Email The Advocacy Project at:

enquiry@theadvocacypoint.org.uk



Speak Out

supports adults with
learning disability



Phone Speak Out on:

01698 283228



Email Speak Out at:

info@speak-out.org.uk



Phone South Lanarkshire Adult
Protection Committee on:

0303 123 1008

**[www.adultprotection
southlanarkshire.org.uk](http://www.adultprotection
southlanarkshire.org.uk)**

If you need this information in another language or format, please contact us to discuss how we can best meet your needs.

Phone: 0303 123 1015

Email: equalities@southlanarkshire.gov.uk

www.southlanarkshire.gov.uk

www.adultprotectionsouthlanarkshire.org.uk

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